



# MENTORING MATTERS

**MENTOR**<sup>®</sup>  
MENTORING PARTNERSHIP OF LONG ISLAND

Co-Sponsored by:  
The Learning  
Support Center

C.W. POST CAMPUS



Conference  
Underwriter



## Mentoring Matters Conference ...bringing together the mentoring community

**COORDINATORS & MENTORS**

Thursday, March 15, 2012, 9:00 am - 2:30 pm

**MENTEES**

Friday, March 16, 2012, 9:00 am - 1:15 pm

# Coordinator Track & Mentor Track



Thursday, March 15, 2012

8:30 am Registration & Breakfast

9:00 am Welcome

Keynote: **Craig Bowman, President, Common Ground Consulting LLC™**

## Creating Effective Youth & Adult Partnerships

How can program coordinators and mentors further involve and engage young people in creating powerful interpersonal connections through mentoring? Consider strategies for authentic youth empowerment in the mentoring dynamic as well as in the decision making aspects of programming. Learn the tenets of the community youth development model and consider how it can support youth in strengthening social relationships.

10:15 am – 11:15 am

## Coordinators

**Elements of Effective Practice™:** Consider how applying the Elements of Effective Practice standards can improve program outcomes and sustainability. This session is for individuals who are starting a new program or who have never studied or applied the Elements of Effective Practice standards into their existing program.

**Facilitator:** Bruce Beckwith, Director of Services, Mentoring Partnership of New York City

**Connecting Character to Conduct:** What motivates and sustains your mentors and mentees? How can we do the thoughtful, challenging work involved in helping young people benefit from the powerful learning mentoring can offer? Discover how program leaders can use the Connecting Character to Conduct framework.

**Facilitator:** Roberta Richin, Educator/Author and Founder, Connecting Character to Conduct International

## 2-HOUR INTENSIVE WORKSHOP

### Making Sense of Their Behavior:

This workshop will focus on common challenging behaviors that teens may display including anger, aggressiveness, rebelliousness and defiance, and will give participants tools to help break down these barriers without breaking down the teenager.

Learn effective skills for managing difficult situations in order to be more skilled and supportive in your role. Through interactive facilitation, explore tools to teach healthy expression of anger.

**Facilitator:** Dr. Carol Carter, C.P.P., Director and Co-Founder of Sunshine Prevention Center

10:15 am – 11:15 am

## Mentors

Coordinators may attend

**Bridges Out of Poverty:** Consider how economic realities can affect behavior and relationship development as well as how it can impact learning for children living in generational poverty. Learn how mentoring can add needed resources for these children to help move them out of poverty.

**Facilitator:** Franca Floro, Director of Programs and Training, Mentoring Partnership of Long Island

**Ask-Listen-Encourage:** Learn how to ask more effective questions, listen actively, and become better skilled at offering encouragement rather than praise to mentees. This session delves into communication styles and patterns that can nurture positive youth development, invite youth interaction and deepen the bond of trust between mentors and their mentees.

**Facilitator:** Kay Telfer, Sr. Resource Educator of the Cornell Cooperative of Broome County

## 2-HOUR INTENSIVE WORKSHOP

### Fostering a Growth Mindset in Youth:

It is increasingly clear from research that brains and talent alone don't bring success. Growth Mindset is a simple idea discovered by a world-renowned Psychologist in decades of research on achievement and success.

Participants will take away a deep understanding of this valuable research as well as learn to recognize both fixed and growth mindset behaviors in youth. Specific and simple strategies to help mentors develop a growth mindset with mentees will be shared.

**Facilitators:** Jenn Maichin, MS, PD

11:20 am – 12:20 pm

**Learning Through Play:** Come laugh and learn while having fun! Participate in a few of our favorite teambuilding games and activities designed to help "break the ice" when working with groups as well as helping youth foster clearer communication and trust skills.

**Facilitators:** Elisa and Rich Brundige, Outdoor Educators/Teambuilders

**Rethinking Diversity: Analyzing Privilege & Socialization:** If youth service programs are to succeed in improving social conditions, it is critical that the field is actively engaged in understanding and addressing issues of diversity. Explore strategies for dealing effectively with a myriad of diversity issues and learn tools for dealing with conflict.

**Facilitator:** Craig Bowman, President, Common Ground Consulting LLC™

11:20 am – 12:20 pm

**Serving System Involved Youth:** This workshop will present information and tools to empower "system" involved youth to live above stereotypes and learn personal boundaries. Strategies, activities and simple techniques to nurture important life skills will be shared and demonstrated.

**Facilitators:** Andrea Ramos Topper, Director, and Jenette Bon, Program Director, Education and Assistance Corporation

**Relational Aggression:** Relational aggression includes damaging interactions between youth who are considered "friends". Come to this session to cultivate skills needed to help you address incidents of relational aggression. Discuss the importance of friendship in preventing and reducing bullying behaviors.

**Facilitator:** Renee Haber, Former Educator, Parent and Trainer for CAPS, Child Abuse Prevention Services

12:30 pm – 1:25 pm

**Lunch:** Please join us in the Tilles Center Atrium for the Mentoring Achievement Awards Presentation. Guests will also hear from a panel of Mentors and their Mentees who will share their personal mentoring experience with us.

1:30 pm – 2:30 pm

**General Session:** Please join us for a powerful closing session in the Lecture Hall hosted by Keith Davis and Devin Wyman, who will be the keynote presenters for Mentees on Friday, March 16th. Using sports analogies, these two former NFL Football players will present: How to motivate and inspire young people to SEE and achieve the bigger vision for their life. Listen as they teach new ways to engage youth and help them see that winners look at what they are going "to", and losers sometimes look too deeply at what they are going "through."

# Mentee Track

Mentors, Parents & Guardians welcomed!



Friday, March 16, 2012

8:30 am Registration & Breakfast

9:00 am Welcome

Keynote: **Keith Davis and Devin Wyman, Winners, Inc:** former NFL players talk to youth about how to PUSH – Persevere Until Success Happens!  
**Right Choices – Right Voices:** So many things influence your choices, starting with your own voice. Come hear why you don't have to be great to get started, you just have to get started to be great. Find out whether your "friends" are Dream Makers or Dream Breakers. Game time – It Starts NOW!!!

10:30 am – 11:30 am

## What BETTER

**Looks Like:** What would a "Better" world look like for you? Two inspiring educators and artists will guide you to explore how your individual passions and motivations can be used to solve problems. Discover how you can take an active part in making your community and even the world a better place.

**Facilitators:** Rob and Liz Graydon, Co-founders, What BETTER Looks Like

## Discovering Your Self:

In this interactive workshop, you will discuss the concept of self-expression and explore your individuality. Discover how your unique self can be expressed out into the world for all to see.

**Facilitators:** Kathleen Flynn-Bisson, MA, MCHES, President, KFB Prevention Through the Arts, Inc. along with Megan Kerr and Dedunu Suraweera

## The Art Studio:

Have you ever wanted to give your creative side some room to play? Enjoy time in the Art Studio where you'll have the freedom to choose from a variety of art materials and supplies, to create something special that brings out the artist in you. Bring your imagination and the rest will be provided.

**Facilitator:** Margaret Lindner, Art Teacher Extraordinaire at Friends Academy

## What's in Your Future:

Do you want to unlock the code for your ideal career based on your personality "type"? In this session, you will explore your future goals and ambitions through activities that get you thinking about life after school.

**Facilitators:** C.W. Post Career Development Counselors, Roni Badria, Kimberly Brown, Amber Lennon, Lisa Santoro

## Friends or Frenemies:

(For Middle School Girls Only) What's the difference between FRIENDS and ENEMIES disguised as Friends? Sometimes our friends are the same people who may make us feel more insecure, pressured, or upset. This workshop will use activities and discussion to take a closer look at YOUR friends and how to handle the drama in our friendships.

**Facilitator:** Marianne Esolen, LMSW, President, Do All the Good

## If You Really Knew Me:

(For Boys Only) This session gives Middle and HS aged boys an opportunity to talk about what they know best – what it's like to grow up with the challenges of being a teenage boy. Come explore ways to handle feelings and situations in a way that is powerful.

**Facilitator:** Paul Rubin, MS

## Acting Out:

Did you ever want to try acting? You can today. Leave your worries at the door and step into a world of trust, confidence and support as you learn and practice improvisational techniques. This could be the start of your acting career, or a new way to express yourself.

**Facilitators:** Jo Ann Katz and Dana Moriarty from Northport Plays, with John Passadino and Improv Experts from SEE Saw Repertory Co.

10:30 am — Campus Tour: Use this time slot to take a guided walking tour of the beautiful Long Island University/CW Post Campus.

LUNCH: 11:35 am – 12:10 pm

12:15 pm – 1:15 pm

## What BETTER

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**Facilitators:** Rob and Liz Graydon, Co-founders, What BETTER Looks Like

## Relationships and You:

Relationships are a major part of our lives. In this interactive workshop we will discuss what it's like to be in and out of relationships and how we begin and end them. We'll identify healthy relationship strategies and understand the potential dangers of unhealthy behaviors in relationship.

**Facilitators:** Exceptional Youth Trainers from The Hope Leadership Academy

## A YOU-nique Art Project:

No two are exactly alike! Work alongside Long Island artist, Greg Reid, who will guide you in using earth-materials to design your own individual Totem. A Totem stands as a unique and personal symbol representing your connection to a meaningful relationship, or group of which you are a part.

**Facilitator:** Greg Reid, Artist

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**Facilitators:** C.W. Post Career Development Counselors, Roni Badria, Kimberly Brown, Amber Lennon, Lisa Santoro

## It's All About YOU:

(For High School Girls Only) Between all the pressures of school, family, friends, dating, activities, and the daily DRAMA of life in a typical high school, it can be just plain TOUGH to be a girl. Figuring out who you are and who you want to be is almost as hard as figuring out how other people see you. This workshop will explore the common images and feelings ALL girls have in a supportive and empowering way.

**Facilitator:** Marianne Esolen, LMSW, President, Do All the Good

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# Mentoring Matters Conference

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Thursday, March 15, 2012

## Registration Form – Coordinator & Mentor Track

### REGISTRATION:

To register, return the completed form to Mentoring Partnership – 150 Motor Parkway, Suite 90, Hauppauge, NY 11788 or fax to (631) 761-7803.

### COST:

\$30.00

**LOCATION:** Long Island University/C.W. Post Campus  
Humanities Hall (Parking available in front of Hillwood Commons Building)  
720 Northern Blvd., Brookville, NY 11548-1300

Name: \_\_\_\_\_ Program Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Attending:  Coordinator Track  Mentor Track  
(See separate registration forms for Mentee portion of the conference)

### PAYMENT:

- Check Enclosed (Make checks payable to the Mentoring Partnership of Long Island)  
 Purchase Order – Please provide invoice/purchase order instructions  
 Credit Card  Visa  MasterCard  AMEX Exp. Date: \_\_\_\_\_

Card Number: \_\_\_\_\_ Name on Card: \_\_\_\_\_

### WORKSHOP SELECTION:

10:15 am: \_\_\_\_\_

11:20 am: \_\_\_\_\_

### DIRECTIONS:

**From Eastern Long Island:** Take the LIE (I-495) to Exit 41N (Route 107). Turn right (North) onto 107 North. Proceed to Northern Blvd (Route 25A) and turn LEFT. CW Post is on the left.

**From New York City:** Take Queens-Midtown Tunnel to LIE (I-495). Take Exit 39 and make a left at the light – Glen Cove Road North. Go North for 2 miles and turn RIGHT (East) on Northern Boulevard (Rt. 25A). CW Post is on the right side.

**Once you enter the campus,** follow signs to "Hillwood". Park and enter through Hillwood to get to Humanities Hall, where the workshops take place. Call for special instructions for handicapped parking.



An Affiliate of MENTOR/The National Mentoring Partnership  
150 Motor Parkway, Suite 90, Hauppauge, NY 11788

631-761-7800 • Fax 631-761-7803

Website: [www.mentorkids.org](http://www.mentorkids.org) | E-mail: [info@mentorkids.org](mailto:info@mentorkids.org)

# Mentoring Matters Conference

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Friday, March 16, 2012

## Registration Form – Mentee Track

*Mentors, Parents & Guardians Welcome to Attend*

### REGISTRATION:

To register, return the completed form to Mentoring Partnership – 150 Motor Parkway, Suite 90, Hauppauge, NY 11788 or fax to (631) 761-7803.

### COST:

Free to attend, but attendance must be confirmed. Donations are always graciously accepted to help us defray expenses.

### LOCATION:

Long Island University/C.W. Post Campus  
Humanities Hall (Parking available in front of Hillwood Commons Building)  
720 Northern Blvd., Brookville, NY 11548-1300

Adult/Mentor Name: \_\_\_\_\_ Program Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Are you attending with your Mentee?  Yes  No

Name of your Mentee: \_\_\_\_\_

**Please note:** Permission to Participate form must be submitted for registration of youth.

Are you attending as part of a group outing?  Yes  No

Name of person coordinating this outing: \_\_\_\_\_

Workshops of interest: 10:30 am \_\_\_\_\_

12:15 pm \_\_\_\_\_

### DIRECTIONS:

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## Group Registration Form – Mentee Track

Please FAX this form to the Mentoring Partnership as soon as possible  
to reserve your space as space is limited: 631-761-7803

Name of School, Agency or Program Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Name of Contact Person(s): (1) \_\_\_\_\_

(2) \_\_\_\_\_

Number of Mentees: \_\_\_\_\_

Number of Mentors: \_\_\_\_\_

(or accompanying adults)

### IMPORTANT NOTES:

- All Youth who are registered must submit a Permission to Participate Form and this must be sent to the Mentoring Partnership at least one week in advance.
- Adults who accompany the youth must complete and return the Mentee Track Registration Form (on the reverse side of this form).
- Your group of youth should be spread out among all the 7 available workshops being offered in each time slot.



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## Permission to Participate Form

**Must be submitted no later than February 10, 2012**

School or Mentoring Program Affiliation: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### PERMISSION TO PARTICIPATE:

My son/daughter (please circle one), \_\_\_\_\_ (fill in child's name) may participate in the Mentoring Matters Conference on **Friday, March 16, 2012** on the campus of Long Island University/CW Post Campus in Brookville.

At this event, through keynote speakers, dynamic and creative workshops and interactions with other students from other schools across Long Island, youth will have the opportunity to learn new skills, enhance individual strengths and enjoy a positive day of learning and inspiration with their mentors.

### PERMISSION TO TRAVEL TO THE MENTORING MATTERS CONFERENCE:

I understand that my child will travel to and from the Mentoring Matters Conference under the supervision of the school and/or the agency affiliated with the particular Mentoring Program.

### PHOTO/VIDEO RELEASE:

I grant permission for photographs/video of my child to be used during media coverage or for educational or promotional purposes. (To deny permission, cross-out preceding sentence and initial.)

### MEDICAL RELEASE:

I understand that my child will be accompanied by his or her teacher, mentor or other authorized adult and authorization previously provided for medical treatment will apply to this event as well.

**By signing below, you agree to your child's participation and all of the above.**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**Please FAX this form to the Mentoring Partnership at: 631-761-7803. Forms can also be mailed to: 150 Motor Parkway, Suite 90, Hauppauge, NY 11788. Parents/Guardians may call the office with any questions at 631-761-7800.**



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